



Since 1985,
Senior Health
Network has
been helping
Seniors stay
healthy, happy
and involved.

SENIOR HEALTH NETWORK

The Medical Center



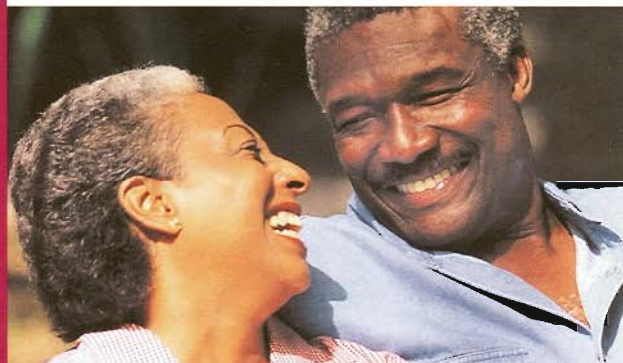
The
Medical
Center

Senior Health Network

G R O W I N G



H E A L T H Y



T O G E T H E R





Senior Health Network

The Best Choice For Seniors' Health

Senior Health Network is designed to meet the healthcare needs of individuals age 55 and over, but it is much more than just healthcare. It is a total program – carefully planned and designed with seniors in mind. A one-time fee of only \$10 provides you with a lifetime membership!

Enrollment benefits include:

-  **Annual Health Screenings** for blood pressure, body fat analysis, blood sugar level and lipid profile (cholesterol HDL & LDL, and triglycerides).
-  **Discounts on Various Wellness Services.**
-  **Exercise Programs**, designed to assist members to maintain an active lifestyle.
-  **Health & Wellness Events and Programs.**
-  **Meal Discounts**, members receive a discount on meals purchased at The Medical Center cafeteria in Bowling Green (members meal only).
-  **Travel Opportunities and Social Activities**, including day-long and week-long excursions.
-  **Quarterly Newsletter**, to help you stay informed of healthcare issues important to seniors, as well as Senior Health Network activities.

Senior Health Network

Located in the Health & Wellness Center in Greenwood Mall
2625 Scottsville Road, Suite 608 • Bowling Green, KY 42104

Phone: (270) 745-1010

Toll Free: 1-800-624-2318

www.TheMedicalCenter.org/SeniorHealthNetwork



The
Medical
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Senior Health Network Membership Application

Last Name: _____ First Name: _____ Middle Initial: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Telephone: _____ Work Telephone: _____

Date of Birth: _____ Email Address: _____

Social Security Number: _____ Signature: _____

Check here to receive periodic email messages from Senior Health Network pertaining to fitness and health.

Join now and receive a complimentary gift (while supplies last).

Please complete the application form and mail along with your \$10 membership fee payment to:

Senior Health Network • 2625 Scottsville Road, Suite 608 • Bowling Green, KY 42104